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Employment History

Sept 2022 - Present – WHALE Arts – Arts and Wellbeing Delivery Assistant and Young People Lead WHALE Arts is a community-led arts charity for Wester Hailes, Edinburgh..

I work closely with the Arts and Wellbeing Lead and our team of facilitators and volunteers, to run the Arts and Wellbeing programme. My role includes admin work, conflict resolution, project management and workshop facilitation. I have recently also become Young People Lead as job share. In this role I am managing the young people programme which includes planning and delivering sessions, managing the budget and collecting data.

Jan 2023 - May 2023 North Edinburgh Community Festival - Community Outreach

I recruited a team of volunteers and designed roles for them. I created a workshop to encourage schools to join the parade. I used my marketing background, networking and strong organisation to recruit. I had to step down from this role due to immediate family loss, so worked to hand over to an emergency replacement.

Jun 2022 - Present (Freelance) Creativised Events - Event Assistant

I have been the on the day event assistant for town centre events in Cumbria. This role involves strong communication, problem solving and working autonomously as well as with the team, in order to ensure audience enjoyment and safety.

May 2022 - July 2023, Crossreach - Relief Activity Coordinator

I worked occasionally as an activity coordinator at one of their care homes for adults with dementia. This role was challenging as finding activities to engage the residents that does not cause them any distress, which has no barriers to engagement, requires a lot of planning and flexibility.

Oct 2016 - Aug 2022. Prism Arts - Communications and Community Lead

Prism Arts delivers arts programmes that empower people with disabilities to drive their own creative journey and develop as artists, leaders and advocates for change. www.prismarts.org.uk

I created and delivered the marketing strategy. I ran their social media, created marketing materials and worked with the press. I commissioned the redesign of, and managed the Prism Arts website. I assisted with fundraising applications and led on public donations. I ran successful Crowdfunder campaigns. I lead the collection of impact data for marketing and funding reports. I managed many events, including three theatre tours, art exhibitions, community events and marketing events. I worked with Carlisle City Council to manage a major town centre event.

June 2020 – June 2021. Multicultural Cumbria – Digital Marketing Assistant

Multicultural Cumbria is a charity which works to engage and empowering the voices of Black, Asian and Minority Ethnic people. https://multiculturalcumbria.org.uk

I created and ensured the delivery of their marketing strategy. I managed their social media and website, which included managing the team to create and schedule content. I ran their digital engagement projects, promoting them and managing participation, including ticketing and participant communications.

2015 – 2021 (Freelance, working at least one contract a year). Eden Arts.

I have been an event assistant at their ticketed weekend long events and their major town centre events. My roles have included market management, info point management, safety marshal and safeguarding lead.

Jan 2015 - Oct 2016. Bupa Winters Park - Activity Coordinator.

In this role I planned and ran all the activities for the residential home. I planned three activities five days a week and regular visits out of the home.

May 2014 – Jan 2015 NHS – Penrith Community Hospital - Activities Coordinator/ Health Care Assistant | May 2012 – Jan 2015 MHA Woodlands - Support Worker | Nov 2011 – Oct 2012 Beacon Homecare – Carer | Sep 2008 – Dec 2011 Westmorland Ltd – Coffee Shop Assistant | Jul 2011 – Aug 2011 Elior – Barista | Oct 2005 – Sep 2008 Juniper Events – Event Assistant

Self-employed Work

Nov 2022-Present - SmARTcraft Lead Artist

I run sessions for adults with additional and complex needs every 2 weeks. These sessions are fully accessible and challenge the participants to explore their creativity and learn new skills. I actively encourage the support workers to engage in the sessions themselves.



Nov 2022-Present - Edinburgh Remakery Workshops

I run regular creative workshops for people at the Remakery. Giving people a chance to learn sustainable, creative skills in a relaxed environment.

Nov 2022 - Zoe Quick, Artist Assistant

I was commissioned to assist an artist to create large scale art installations for a Christmas display.

Aug 2022 - Solfest Festival, Site Art Assistant

I worked for 7 days before the music festival and one after to assist the production and installation of the site art. I managed the team of volunteers who were producing signage and large scale art installations. This role required a high level of communication, to problem solve, work well under pressure, to work autonomously as well as work with the team. This required a lot of knowledge of health and safety. This role also required a lot of physical stamina and a strong positive attitude!

2022 - Growth Animation, Workshop Assistant

I assisted with 5 workshops working with participants from Edge Autism to learn stop-motion animation.

2022 - Edinburgh International Harp Festival, Festival Administration Assistant

I managed the email account and bookings. It required a high level of communication and problem solving. I assisted with the set up and take down of the festival, assisted with the management of the volunteer team and ran the bookings.

2022 - Prism Arts, Support Artist

I assisted artists to run 8 graffiti workshops for adults with learning disabilities and autism.

2021-2022 - St Margaret's House Workshops

I planned, promoted and ran monthly workshops at the Edinburgh Pallet's property, St Margaret's house.

2016-2021 - Myriad Studio, Director

Promotional video - https://www.youtube.com/watch?v=Kc5H4RsPJ9g

I set up and ran this Community Interest Company which ceased operation during the Covid-19 pandemic. Myriad Studio developed and delivered regular workshops that brought people together in a fun, relaxed and social environment to nurture their creative confidence and develop their skills. The workshops were designed for all ages and abilities. I managed everything including budgets, accounts, health and safety.

2021 - Michael's Magical Menagerie

I was commissioned to edit together 6 episodes of a children's programme. I co-ordinated the making of the videos, ensuring that I got the right footage and sound, graphics at the right time.

2020 - Multicultural Cumbria, Culture Train

Video -https://www.youtube.com/watch?v=DxY9F3LDH_8
I was commissioned by Multicultural Cumbria to run a daylong drop in workshop to create a large culture train for their event, Carlisle Culture Bazaar.

2019 - Weddings by Annabel, Wedding Coordinator

I have assisted with weddings and have on-the-day managed a large scale wedding.





2019 - Bob Ross-along

Video of the event - https://www.youtube.com/watch?v=IfDdaa6dbVw
I created and delivered a workshop for people to paint along with the late American artist Bob Ross. For the event, a certified Bob Ross instructor gave us an introduction to the techniques then we streamed two episodes on a big screen and got everyone to paint-along with oil paint. The workshops included a hot meal in the middle. I have run this

event 3 times, with 25-30 participants each time. I managed a team of 2 staff and 4 volunteers. I arranged the food delivery as well as stocked and staffed a small bar. Faultless health and safety management of this event was essential as we were using oil paint, turpentine and linseed oil.

2019 - Probation Service Salmon

I was commissioned to work with ex-offenders in an Approved Premises to make a large-scale puppet for the Carlisle City Council and Prism Arts, Puppet Pageant. We worked over 8 sessions to create a 4-metre-long salmon puppet out of recycled materials. It was a challenge to encourage the ex-offenders to engage, but we had a regular group who worked on it.



2019 - Walton Window Walk

I was commissioned by Walton Village Hall Management Committee to run design and run workshops for the community to create window decorations for a village trail.

2018 - Doremi Residency

I was selected to be part of the Doremi Residency. I produced a piece with children from

the local school about climate change.

2016 - Project Pig

Project Pig was an art installation about intensive factory pig farming. It was exhibited in The Rheged Centre, Penrith, and was a 2.5m X 2.5m installation made up of 1023 small handmade plaster of paris pig sculptures. The pigs raised over £1000 for the charity Farms Not Factories.



2016 - Workshops in People's Homes

I was chosen to design a workshop that the public could take part in at the older people residential home I worked at. For the workshop members of the public to the home to spend two hours sharing a conversation with one of the residents, while a plaster cast of their hands embracing was made. The piece was about connection, isolation and the lasting impact a conversation can have.

2014-2016 - Project Mayfly

Project Mayfly was a community art project I created and managed where participants decorated a mayfly inspired by something they cherish. Over 2,000 mayflies were created and displayed at The Rheged Centre. I ran workshops for 16 days for the public. As well as workshops at a hospital, care homes and with youth

groups. I produced comprehensive information which other organisations used to run their own workshops. I worked with other organisations to take part in the project. Management of the project included working with the different venues, the sponsors, the budget and the marketing.

Education

2020 – 2022 University of Cumbria: Diploma in Social Enterprise Leadership (Arts and Cultural Leadership)

2008 - 2011 University of the Arts London: BA (Hons) Fine Art

2007 – 2008 University of Cumbria: BTEC Diploma: Foundation (Art & Design) 2000 – 2007 Ullswater

Community College: A Levels - Art, Biology, Psychology.

GCSE - Maths, English, Physics, Biology, Chemistry, Art